

100

*Great
Sex Games*


*for
Couples*

100 Great Sex Games for Couples

by
Steve & Angela Lucas

Featuring 33 games and 67 exciting variations!

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Foreword

I receive at least 50 books or manuscripts each year from authors or publishers, asking me to write a foreword, provide a review or to give them advice to help them get published. Honestly, most go straight to the trash can or the recycle bin. Most are mediocre at best but some of these relationship books are so bad (potentially damaging) that I sometimes wish that they could be banned.

Every once in a while I discover a great manuscript that I think to myself “I wish I had written that”. When I read Steven and Angela’s collection of sex games I was impressed by their handling of this potentially risky subject. Their games are fun, exciting and adventuresome. But unlike other books I have seen on the subject, they steer away from risky and harmful games and variations.

I’m delighted to endorse this ebook as a potentially powerful tool to increase the passion and intimacy in marriages.

Michael Webb

Best-selling author and Founder of www.TheRomantic.com

Introduction

100 Great Sex Games is for couples looking to add a bit of flavor and excitement to their sex lives. Unlike most books offering suggestions for sex, this one is not loaded down with predictable variations of dress-up or fantasy. Instead, we've taken ordinary games that most people know and have played and tweaked the rules a bit. Some games require minor props, some more elaborate preparation, and some require no preparation or props at all.

For couples who are inhibited, these games will help move them past their inhibitions by letting the rules of the game dictate their actions, removing the pressure to be creative. Uninhibited couples will find ideas for stoking the fires of passion to burn just a little bit hotter. Either way, every couple will discover new and creative variations that will bring laughter, joy, and if all goes well, a lot of great sex into their lives.

Intimacy

If you are still reading this and haven't skipped forward to find the perfect game to put you on the receiving end of white-hot passion, then I congratulate you. Clearly you understand that great sex is about more than just physically connecting and getting your needs met. In fact, I would suggest that for sex to be truly great, it must include intimacy on three levels: spiritual, emotional, and physical.

Spiritual Intimacy

Few people ever give thought to spiritual intimacy, but the ones who do discover that building a foundation of trust and respect can add a new dimension to sex. Without a spiritual connectedness, the soul is left to wonder if it is just being used. One wife, lacking a deeply felt connection with her husband, observed that everything she offered him could be found elsewhere. She challenged him: "I'm just a maid, a nanny, and a prostitute. What do I offer you that you can't buy?"

It doesn't necessarily feel romantic or intimate to talk about spiritual issues, but the results of spiritual intimacy will be a heightened passion and more deeply felt romantic connection. The key to building spiritual intimacy is to be intentional in discussing issues of the heart, and doing it in such a way that it doesn't come across as disingenuous or manipulative. To achieve this, we began years ago to have lunch once a week in a restaurant, and during our time to focus on the spiritual dimension of our lives. We talk about our faith, our family, and our dreams and goals. And believe it or not, we even talk about sex. The public nature of our setting precludes us from going at it right there. Without that pressure, we are able to be more open and honest with each other about how we feel and what we think.

Emotional Intimacy

In addition to our spiritual discussion, we also talk about emotional issues at our weekly lunch. This adds to the level of emotional intimacy that we feel. Emotional intimacy might be best understood as the friendship quotient of your relationship. How much fun are you having as a couple?

Couple's who are intentional with planning recreation and who maintain dating behaviors (like going out, flowers, chocolate, love notes, etc.) are more likely to have fun with sex. The greater the familiarity and the deeper the friendship, the more satisfying the sex will be. Buying a book like this is a great indication that the friendship is intact, and that your partner is willing to have fun and be vulnerable.

And whether it is because of age or busyness, creativity often takes a back seat in a relationship, leading to staleness and predictability in the love life. Sharing fantasies, while probably a good idea, are difficult for most people because of embarrassment or the fear of rejection. Playing lighthearted sex games, however, adds the variety without the pressure of having to be creative.

Physical Intimacy

What most people think of as sex is just one aspect of physical intimacy. In reality, our bodies are wonderfully complex and take many years to understand. It is important for couples to be comfortable with their bodies and how they work in order to enjoy sex to its fullest.

There are many physical problems that can affect sex. Because of this, if you find yourself with a decreased sex drive, or with difficulty in performing during sex, we highly recommend you talk with your doctor. It is normal to have an ebb and flow to your sex drive, but if it subsides and does not return for an extended period, it may be a sign of a physical problem. You owe it to yourself and to your partner to investigate the problem.

Massage is another aspect of physical intimacy that few couples take the time to learn. We recommend that you purchase a massage book for couples and begin to learn the fine art of physical intimacy through massage. Your entire body can act as a sex organ when properly stroked. Everything from the feet to the ears, to the small of the back have wonderful characteristics that can make sex more satisfying. Take the time to find out and practice often.

Be Free

As you take the time to build intimacy spiritually, emotionally, and physically, you will experience greater freedom and joy. The games in this book are designed to help you in that pursuit. You may find some games that you object to. If so, don't play them. You may find some that you love. If so, play them often. In either case, keep in mind that the deeper level of intimacy, the greater freedom you will feel to love and explore one another in a context of trust and respect.

Some games will get you talking, most will get you touching, and nearly all will make you laugh. In the end, you will experience a sense of connectedness with your mate that is deeply felt. At that point, you will know what it is to have truly great sex!

Steve & Angela Lucas

Game #1 – Easy as ABC
Length of Play: 20 minutes
Props: none

Instructions:

1. The object is to work your way through the alphabet by massaging body parts that start with subsequent letters of the alphabet. For example, you massage your partner's ankle, then they massage your back, and so on.
2. When you make it through the alphabet, choose your favorite and go back to it.
3. The laughter comes as you try to think of synonyms for your favorite massage zones that fit the next letter. Be creative!

Conditions:

- This game is best played on the bed, not a massage table.
- It is probably best to refrain from lotions during this game. You don't know where it might lead, so lotion may actually be a hindrance.
- Soft lighting and music are recommended.

Variations:

- Not so Easy ABC – This game follows the general pattern of the previous game with a few modifications. Instead of massage, you must think of an action and a body part, all the while working through the alphabet. You might first "Applaud" your partner's "Back." Then they would "Cuddle" your "Derriere" and so on.
- With either version, try working backwards through the alphabet.

Game #2 – Multiple Choice

Length of Play: 10 minutes

Props: none

Instructions:

1. This is a great technique for getting couples past inhibitions. If you struggle with the fear that your partner will reject your request for something new sexually, try forming it as a multiple choice along with options you know they are comfortable with. By doing this, you communicate your interests in new activities while not putting too much pressure on your partner.
2. Create your list early on and share it with your partner many hours prior to intimacy. Express your openness and desire for their comfort and joy, and stress that there is no pressure to try anything new.
3. When you come together, ask which options they want.

Conditions:

- Choose your list carefully.
- Be sure to include an “All of the Above” answer.

Variations:

- Send it as an e-mail and wait for the reply.
- Ask your partner to create a multiple choice list for you to choose from.

Game #3 – Twenty Questions

Length of Play: 20 minutes

Props: none

Instructions:

1. Think first of a new location for intimacy. Get out of the bedroom! Your partner may then ask up to 20 yes-or-no questions to determine where you are thinking of. Once the location is determined, your partner thinks of an activity and you may ask up to 20 yes-or-no questions to determine the activity.
2. When both the location and the activity have been guessed, the game is over.
3. If the guesser gets to 20 questions without guessing correctly, the players switch roles and begin again. The more times this happens, the greater the anticipation, so make it hard to guess!

Conditions:

- Set ground rules before play begins. For instance, agree whether the location is in the house or somewhere else, and agree whether the activity being chosen is something you have done before or not.

Variations:

- Make the other aspect of love play part of the game. For instance, guess a body part to kiss, or a prop to use.
- Lessen the number of questions allowed for a more challenging version.

Game #4 – Word for Word

Length of Play: 10 minutes

Props: none

Instructions:

1. Your goal is to create a romantic or sexy story which describes the encounter you plan on having. The catch is that you create it one word at a time while alternating turns.
2. Begin with a single word, then your partner gives the second word, and back to you for the third, and so-on. This continues until the story is told.
3. Once the story is done, you and your partner then act out the story that you told.

Conditions:

- Words must be chosen so that sentences make sense.
- Run-on sentences are permitted, but no fragments.

Variations:

- Tell a story one phrase at a time.
- Act out the story as you tell it, pausing for action after each sentence.

Game #5 – Waiter's Words

Length of Play: 1 hour

Props: none

Instructions:

1. In this dinner game, you and your partner assign actions to particular phrases that you anticipate a waiter will say at different times during a meal.
2. For example, choose actions for what the waiter might say when he first greets you, when he brings your drinks, when he takes your food order, when he brings your food, and when he brings the check.
3. Assign actions ahead of time, and fulfill those actions after dinner. For instance:
 - “My name is _____, and I’ll be your waiter tonight.” = Foot massage for man.
 - “I’d like to recommend the special.” = Woman on top.
 - “Would you like to see the dessert menu?” = Oral sex.

Conditions:

- Don’t let the waiter know what you are doing. He might be insulted. And don’t laugh every time he speaks.
- Put your list in writing so there is no confusion.
- Choose a restaurant where you will have some privacy so you can enjoy the game as it is being played.

Variations:

- Assign actions to phrases you typically hear at a drive-thru window, and then go parking.
- If you don’t want to get out, use the lines of a waiter in a movie that neither partner has seen.

Game #6 – Freeze Tag
Length of Play: 20 minutes
Props: none

Instructions:

1. Wearing nothing, or your favorite lingerie, and assume a pose. For instance, you may be standing at the foot of your bed, legs spread slightly, bent over with hands on the bed, and your head turned slightly to face the door.
2. When your partner enters, say, “Freeze Tag! I’m not moving until you *move* me!”
3. Once you have played it for the first time, try using the words “Freeze Tag” at unusual locations, or whenever you find yourselves alone.

Conditions:

- Assure that you have sufficient privacy, and that it will definitely be your partner walking in.

Variations:

- Whisper the words “Freeze Tag” when you are not alone, along with a time and place for a rendezvous.
- For a more dominate game, one partner tags the other and says “Freeze Tag.” The frozen partner may not move until they’ve been *moved*.

Game #7 – Read between the Lines

Length of Play: 10 minutes

Props: none

Instructions:

1. The object is to communicate your desire by writing on your partner's back. Without speaking, write a request on your partner's back in print letters.
2. Your partner does not speak, but guesses what was written by doing what they think was asked for.
3. If the guesser was right, then you and your partner switch places.
4. If the guesser was wrong, then the writer tries again, and the guesser "guesses" again by performing what they think the writer asked for.

Conditions:

- No talking.
- Shorter messages work better. Ambiguous messages are great, because they may extend your turn.
- No request for repeating a letter. All guesses must be made with physical response.

Variations:

- Talking and repeating is allowed.
- The action is performed only when the guesser gets it right.

Game #8 – Concentration
Length of Play: 10 minutes
Props: index cards, pen

Instructions:

1. Write a sentence describing what you would like to do for the evening. Be sure to include provocative words and be descriptive. Words like heaving, thrust, suckle, nibble, and the like are good. Use your imagination.
2. From your sentence, create two cards for each word. Once you have the entire sentence written twice on cards, shuffle the cards together thoroughly.
3. Arrange the cards face down in a grid pattern. Then watch as your partner plays a classic game of concentration by flipping only two cards at a time. If the cards match, they may be kept. If they don't match they are turned back over and another turn is taken.
4. Once all the card matches are found, then your partner must separate the pairs and try to put the sentence back together. By this time, the words alone will have heightened the anticipation.

Conditions:

- Create at least 25 pairs for a decent game.
- Don't over-invest in making the cards. Once they've been used throw them away and create a new sentence to play again.

Variations:

- Draw or clip pictures to make your sentence.
- Randomly choose verbs (sexual actions) and nouns (body parts) and let your partner make their own sentence.

Game #9 – Commercial Chaos

Length of Play: 20 minutes

Props: television

Instructions:

1. This game can be played while watching any commercial television program. However, choose a program that you are both likely to enjoy and get into. Watch the program together, with the door locked!
2. At each commercial break, go at it as passionately as you can. However, when the commercial is over you must stop. “Play” resumes at the next break.
3. Stick with the rules and the passion and anticipation will build.

Conditions:

- Sporting events and romantic movies work best. Some shows may stifle the passion, so choose wisely.
- If clothes come off at any point they stay off.
- Individuals may not keep themselves or their partners stimulated during the program. Sexual contact and activity can only occur during the commercials.

Variations:

- A milder version of the game is playable anywhere, anytime. During the commercials begin a kissing chain. One kisses a particular part, then the other must kiss that same part and then another. For instance, he kisses her ear. She then kisses his ear, then his nose. He would then kiss her ear, her nose, then something else. The round starts fresh at each commercial break.
- For a more difficult game, freeze in whatever position you find yourself when the program returns. No moving at all!

Game #10 – Stress Chess
Length of Play: 30 minutes
Props: chess set

Instructions:

1. You and your partner don't have to be great chess players to enjoy this game, but you must be familiar with the basic rules and movements.
2. The object of this game of chess is not necessarily check mate, but rather to capture your opponent's pieces.
3. As a piece is captured, the losing player must immediately perform as indicated below:
 - Pawns – captured player must give a passionate kiss
 - Knights and Bishops – captured player must remove an article of clothing
 - Rooks – captured player must grope other player seductively
 - Queen – captured player must pleasure other player
 - King (check) – checked player must massage other players feet (legs, back, etc., with each successive check getting more involved)
 - King (checkmate) – winners choice

Conditions:

- Take your time.
- Begin wearing at least four articles of clothing.
- Sacrificing your own pieces is allowed.

Variations:

- Prior to the game, change the activities related to each piece.
- Store up the activities until someone wins. After the game, the winner "cashes in" his or her pieces.

Game #11 – Strip Poker

Length of Play: 20 minutes

Props: deck of cards, poker chips

Instructions:

1. Players play their favorite poker games, using chips, not clothing. When a player loses a hand or round, they remove an article of clothing.
2. If a player is fully undressed, they may continue, but only if the other player will “loan” them an article of clothing to wager.
3. Play continues until all clothing is gone.

Conditions:

- Players must begin with the same number of articles of clothing.
- The losing player determines the clothing to be removed.
- The deal shifts from player to player each round. The dealer chooses the game.

Variations:

- There are many variations of poker. Browse the Internet or purchase a poker handbook for rules on a large number of games. Have fun with the game itself.
- Any “no limit” games in which a player goes “all in” with his or her chips also places all their clothing on the line as well. If they lose, it’s all gone. However, if a player wins on an “all in” bet, they can reclaim lost clothing.

Game #12 – Magic Numbers

Length of Play: 15 minutes

Props: dice

Instructions:

1. Create two lists, numbered 1 to 6.
2. On one list, identify six sexual or foreplay activities (for example: kiss, nibble, rub, massage, suck, bite, etc).
3. On the other list, identify six body parts or “zones” (for example: lips, ear, above the waist, below the waist, etc.).
4. Your partner rolls a die to determine activity, then rolls another die for the body part or zone. Your partner then “wins” that act from you. Once the act is done, switch rolls.
5. Players complete as many rounds as necessary or possible.

Conditions:

- Agree on the lists in advance.
- Agree on how long each activity should take before the next turn. Recommended: 1 or 2 minutes per activity.

Variations:

- Use multiple dice and players get to choose the combinations they have won.
- Limit the number of rounds to a set number.

Game #13 – High Card
Length of Play: 30 minutes
Props: deck of cards

Instructions:

1. Each card (2, 3, 4...J, Q, K, etc.) is assigned a particular action related to a particular individual.
2. The deck is thoroughly shuffled.
3. Play begins by drawing one card at a time and the activity is performed.
4. Play continues until the deck is done or the players are.
5. Possible activities:
 - Ace – man's back massaged
 - 2 – woman's front is massaged
 - 3 – man's legs are massaged
 - 4 – woman's legs are massaged
 - 5 – man's neck and shoulders are massaged
 - 6 – woman's neck and shoulders are massaged
 - 7 – man's feet are massaged
 - 8 – woman's feet are massaged
 - 9 – man's genitals are massaged
 - 10 – woman's genitals are massaged
 - Jack – man is given oral pleasure
 - Queen – woman is given oral pleasure
 - King – 2 minutes of intercourse (everybody wins)

Conditions:

- If a player draws a card in which they are the intended recipient, then either nothing happens, or they do it to themselves. This will extend play and cut odds of activity in half.

Variations:

- Choose different activities for each card before play begins.
- Play with only 13 cards—one of each—for a quick game.
- Follow action on card regardless of who draws it.

Game #14 – Movie Mimic

Length of Play: 90 minutes

Props: television, cable or DVD movie

Instructions:

1. Choose a movie as spicy as you both are comfortable with and sit down to watch it together.
2. Every time physical displays of affection occur, you and your partner must mimic the activity.
3. When the action stops, you must stop as well.
4. Enjoy the movie!

Conditions:

- Choose a movie neither of you has seen for great spontaneity.
- Agree on boundaries for activity you may not be comfortable with.

Variations:

- Mimic contact that is implied but not shown. This may be necessary for movies that are not explicit.
- Don't stop when the action stops.

Game #15 – Time Trial

Length of Play: 20 minutes (or less)

Props: alarm clock or egg timer

Instructions:

1. To extend your passion, use a timer set to 20 minutes (or other time you agree on), and start making out.
2. You may not penetrate in any fashion until the timer goes off. You may do anything you like, however, short of intercourse.
3. When the time goes off, have at it.

Conditions:

- This game will help you focus on the person, not the goal of orgasm.
- Don't watch the clock. Watch the person!

Variations:

- Try different time intervals.
- Try "Reverse Time Trial" and do what you want until the timer goes off. When the bell rings, love play is over. Talk about pressure!

Game #16 – Taste Test

Length of Play: 25 minutes

Props: various food items, blindfold

Instructions:

1. Blindfold your partner, then offer them various food items to smell or taste. They must then correctly identify the food item.
2. If the item is correctly identified, then the food is placed on the blindfolded partner and promptly eaten or licked off.
3. If the item is not correctly identified, then the blindfolded partner must eat or lick the item off of you.

Conditions:

- Choose foods that will be fun to eat: chocolate, whipped cream, fruit, etc.
- Throw in some pickles or lemon juice for a big surprise.
- Switch the blindfold after 10 minutes.

Variations:

- The food is transferred mouth-to-mouth.
- Play in the tub and use messy foods: ice cream, beverages, syrup, honey, etc.

Game #17 – Sport Shopping

Length of Play: 2+ hours

Props: television

Instructions:

1. Begin by creating a menu of sexual and foreplay activities that both partners are comfortable with. Assign values to each item that increase with the level of intensity of each action.
2. Choose a sport to watch together. Each partner must choose a different team.
3. Enjoy the game. With each score, or at the end of the game, cash in your points for the activities listed on the menu.
4. Everybody wins!

Conditions:

- Adjust your menu prices to reflect the sport you are watching. Baseball and football would have much different scales.
- Point spreads can be given if a team is heavily favored. The spread can be spent only at the end of the game.
- If games typically are low scoring—like hockey—then assign values to penalties, or other common occurrences.

Variations:

- Set whole season goals tied to championship games like the Super Bowl or World Series.
- With sports with more than two teams (racing, skating, skiing, Olympics, etc.), assign activities to different outcomes.

Game #18 – Bull’s-Eye
Length of Play: 10 minutes
Props: dart board

Instructions:

1. Create a list of sexual activities (see “High Card” for an example), and assign point values 1 through 20.
2. Using a dart board, your partner throws three darts to select the activities they wish to receive. If the activity they hit doesn’t apply to them, then they forfeit that dart.
3. Fulfill their wish list before taking your turn.
4. Complete as many rounds as you like.

Conditions:

- Agree on the list in advance.
- Choose a spot from which to throw.
- Assign some outrageous task or activity to the bull’s eye.

Variations:

- Throw darts for activities you would like to perform, instead of receive.
- Individuals may add dart points to get a higher total.

Game #19 – Lingerie Toss
Length of Play: 20 minutes
Props: ring toss game

Instructions:

1. Using a standard ring toss game, the woman places different lingerie on the floor to correspond with different pegs on the game.
2. The man then tosses to choose which lingerie she'll wear.
3. He must land three rings on a single peg to win. Play continues until he lands three.

Conditions:

- Couples may improvise a ring toss game if they don't own one.
- New lingerie makes this game most exciting. Or, have one new piece and four previously seen outfits.
- Play may be reversed for the woman to choose the outfit for the man.
- Prior to game, the woman may model each piece during a brief "look-but-don't-touch" fashion show.

Variations:

- Include one flannel nightgown or similar unromantic outfit for added pressure.
- Play with some sex toys or food items as possible prizes instead of lingerie.

Game #20 – Hot or Cold
Length of Play: 10 minutes
Props: coupon

Instructions:

1. Create a coupon for a sexual favor you know your partner would just love, and hide it very carefully in your room.
2. At bedtime, alert your partner to the existence of the coupon and send them looking.
3. As they move towards the coupon, you say, “hotter,” and as they move away, you say, “colder.”
4. Play continues until the coupon is found.

Conditions:

- Make the coupon truly thrilling for the seeker.
- Hide it in a clever place, for instance, in a book, under a lamp, between the mattresses, etc.

Variations:

- Hide a massager, or sex toy instead of a coupon.
- Hide multiple coupons and give no help.

Game #21 – Strip Horse
Length of Play: 20 minutes
Props: indoor basketball game

Instructions:

1. Using a child's indoor basket game, play a traditional game of horse. (To play horse, players take turns making shots. Whenever a player makes a shot, the other player must make the exact same shot. If the second player makes it as well, a new round begins. If the second player misses, they get a letter. Letters are accumulated to spell H-O-R-S-E).
2. In this version, instead of receiving a letter, the player who misses a shot must remove an article of clothing.

Conditions:

- Players should start with the same number of articles of clothing.
- Go for difficult bank shots, backwards shots, "blind" shots and the like. Have fun!

Variations:

- Don't use your hands to make a shot. Use feet, elbows, chin, or whatever.
- Assign letters instead of stripping, but spell out an activity or sexual position. The first one to accumulate all the letters is the giver, and the winner is the receiver. Try "B-A-T-H-E," or "O-R-A-L," or "R-U-B." Use your imagination!

Game #22 – Sensual Sculpture

Length of Play: 20 minutes

Props: molding clay, timer or watch, blindfold (optional)

Instructions:

1. Like classic charades, each person writes five sexual activities on individual pieces of paper and places them in a basket. Mix well.
2. The first player takes a clue and has three minutes to mold the activity so the other person can guess.
3. If the guess is correct, the players perform the activity. If it is incorrect, the other player draws a clue and play begins again.

Conditions:

- Since only two people are playing, only one guess is allowed for each turn.
- Guesses and clues must be specific (e.g. “missionary position”) and not general (e.g. “some type of sex”).

Variations:

- For a more frustrating game, either the molder or the guesser wears a blindfold. Or both!
- Both draw clues and mold at the same time. The first one to guess the other’s activity is the winner and gets to receive.

Game #23 – Buy a Vowel
Length of Play: 10 minutes
Props: a 20 or 26-sided die

Instructions:

1. Using a 20 or 26 sided alphabet die (available at hobby shops), the first player rolls. Using whatever letter is facing up as the first letter, the first player must determine what activity the couple will enjoy.
2. The second player rolls in the same manner to determine location.
3. A third or fourth roll is optional to determine a prop, food item, or duration for the activity.

Conditions:

- The selections must begin with the letter rolled, but creativity is allowed and encouraged. It should be fun. It's amazing how many ways there are to say certain body parts!
- Before rolling, identify any activities or props that are not acceptable or desired at that time.

Variations:

- More difficult - Use the rolled letter as the last letter of the activity.
- Longer version – Keep rolling until you can actually spell an activity.

Game #24 – Auction

Length of Play: 20 minutes

Props: money (real, play, or imaginary)

Instructions:

1. Together, create a list of at least 10 activities (for example: shower together, walk in the park, oral sex, bike ride, hot tub, massage, or whatever you enjoy.)
2. Starting with only \$100 each, both partners bid secretly by writing down the max they would pay for the activity.
3. Compare lists. High bid wins the activity, redeemable at any time.

Conditions:

- Be careful not to overbid on an item and not win any others.
- Partners should be careful to honor redemptions immediately when asked (if possible). Delay or renege on an auction will build resentment.
- When the activity is redeemed, the partner who did not win gets the cash bid on the activity. (Both partners will eventually get their \$100 back, but it adds excitement to the redemption.)

Variations:

- Bid on five activity coupons and five date/time coupons. Activity and date/time coupons can only be used together.
- For a more strategic game, only the three *lowest* winning bids will actually be winners. All others are thrown out. To win, you must be bid high on things you don't want, and high enough to beat your partner to win the things you want, but low enough to be the lowest winning bid. Tough!

Game #25 – In the Pocket

Length of Play: 1 hour

Props: pool table, dice, pen and paper

Instructions:

1. Wife creates a list of seven locations at which she is willing to have sex, as well as eight sex acts that she likes. She randomly numbers them 1 to 15.
2. Husband rolls a die to determine how many shots he gets on the pool table (1-6).
3. Husband then shoots the determined number of times.
4. The balls that are sunk in the allowed shots then become the sex acts and locations for the occasion. All acts and locations must be used before the game is up.

Conditions:

- If only one shot is allowed, and nothing is sunk, then the husband may pick one ball at random. It will be either a location or an act. The wife then removes all other balls of the same type (location or act), and the husband chooses from the remaining balls to give a complementing location or act.
- If balls are sunk, but either a location or an act is not sunk, then the husband may randomly choose one in the same manner described above.

Variations:

- Switch rolls.
- Choose new locations or acts.
- List is not secret, so shooter can aim for desired location or act.

Game #26 – Music Minute

Length of Play: 10 minutes

Props: computer or CD player, timer

Instructions:

1. Using a computer music program (like iTunes or MusicMatch), or a CD player, create a music play list of songs that both partners know and enjoy.
2. Set a timer at one minute and begin playing songs. Once the other partner identifies a song by its title, advance to the next song. If it is too difficult, passing a song is allowed.
3. After one minute, tally the number of songs guessed correctly.
4. The player who gets the most correct wins. The prize for winning is to select the mood music for making out.

Conditions:

- Be sure to choose songs that are known by both partners.
- Have a play list of at least 25 songs.

Variations:

- Create the list together. Set playback on “scramble” and the first person to name the song wins a point.
- Use the radio instead, and play for 10 minutes. The person who guesses the most songs correctly wins.

Game #27 – Music Message

Length of Play: indefinite

Props: computer with CD burner

Instructions:

1. Using a computer music program (like iTunes or MusicMatch), create a play list of songs with titles that spell out a message.
2. Burn the CD and leave it in your partner's car, CD alarm clock, or other place where it will be found by your partner.
3. Wait for it to be discovered and enjoyed. Then reap the benefits once the message is understood!

Conditions:

- Choose songs with memorable titles that are easily identified by the words (for instance: "When a Man Loves a Woman," or "You Sexy Thing," etc.).
- Make sure that it is left where only your partner will find it.
- If possible, record a brief introduction for the CD, or even play DJ and introduce each song so the titles are sure to be understood.

Variations:

- Using editing software, cut clips from songs to form a message. The result will be more funny than beautiful, but the message will be loud and clear.

Game #28 – Scavenger Hunt

Length of Play: 1-2 hours (plus preparation time)

Props: various

Instructions:

1. Create a trail for your partner leading to an ultimate destination where the two of you will meet for dinner, a movie, or an evening together. Be creative. For instance:
 - Leave the first clue in their briefcase or PDA, sending them to their next clue.
 - Tape a clue on the inside of a newspaper stand.
 - Place a clue in a phone booth.
 - Leave a receipt at one clue location to pick up balloons (and another clue) at a flower or party shop.
 - Leave the proper wardrobe for the evening with a clue in the pocket.
2. Make the clues witty but easily solved.
3. Position the clues all over the house, or even all over town.
4. Make sure the clues lead somewhere. If the clues are placed around town, use no more than 7 or 8. Any more would be frustrating.
5. Make sure the clues pay off big in the end!

Conditions:

- If placing clues on private property, seek permission first.
- If placing clues on public property (like a payphone), be sure to hide them well.
- Provide a cell phone number to your partner in case the clue is lost, or cannot be solved. Otherwise, you may spend the evening alone.

Variations:

- Make each clue part of a larger puzzle that must be solved to get to the final destination.
- Attach each clue to a reward: chocolate, flowers, tickets, etc.

Game #29 – Story Time
Length of Play: 10 minutes
Props: computer, printer

Instructions:

1. Prior to your date, write a short story of about four or five pages. The story should detail the date that you are on, leading up to the point at which you present the story to your partner. For example, the story may begin with you writing the story, planning for the baby sitter, ordering the flowers, and making the dinner reservations. It may continue with how you and your partner were dressed, and what you talked about on your way to dinner.
2. Make sure the date goes off as you've written it. When you get to dinner, present the story to your partner.
3. The final page of the story should be a set of multiple choice endings. Your partner can choose how the date should end. For example, A) After dinner, the couple saw a movie, got ice cream, and picked up the kids. B) After dinner, the couple went parking. C) Use your imagination.
4. Follow through on the choice that is made.

Conditions:

- Choose ending options that run from tame to wild. Use ones you know your partner will be comfortable with, as well as a few of your own fantasies.
- Make sure to cover all the details of the date, and for making the multiple choice endings a reality.

Variations:

- Add a multiple choice middle, followed by a planned activity, and ending with another multiple choice option. This is great for an all-day date or weekend getaway.
- Write your own love scene into the story.

Game #30 – Shower Power

Length of Play: 30 minutes

Props: mineral oil

Instructions:

1. For everyone who has ever tried to get intimate in the bath or shower, only to be frustrated by the amount of friction that wet skin produces, this one is for you. First, stop by your local grocery store or pharmacy and purchase a bottle of mineral oil. It is a tasteless, odorless lubricant.
2. Get in the shower or bath.
3. Apply mineral oil liberally to the body.
4. Slip and slide to your hearts delight.

Conditions:

- Be extremely careful. Mineral oil will make you and every other surface extremely slippery. We assume no responsibility for your misfortune!
- Mineral oil does not come off easily. Don't worry, though. It will wear off in a day without staining clothes or leaving residue. If used at night, all traces will be gone by morning.

Variations:

- Apply to each other.
- Apply to self while your partner watches.

Game #31 – Chat Room

Length of Play: 10 minutes

Props: two computers with Internet connection

Instructions:

1. With each person at a different computer, try a suggestive or romantic chat.
2. Make sure you have all the privacy you need, and don't give any information over the net you wouldn't mind sharing with the world. Don't use full names, phone numbers, or other sensitive information.
3. Have fun communicating your love and your desires in creative ways.

Conditions:

- Provide opportunity to finish the "conversation" with your partner in person.
- Make sure you are chatting with the right person. Use an instant message service like Yahoo! or MSN to be sure.

Variations:

- Hide in a public chat room with an unknown alias and let your lover search for you.
- Add voice, video, and white board features for even more fun.

Game #32 – The Marathon
Length of Play: undetermined
Props: various

Instructions:

1. For a weekend getaway where time is not a factor, each partner should select three games from this book and write the game number on a small scrap of paper.
2. Put all six scraps of paper in a basket and take turns drawing a number at random.
3. Continue until all games have been played.

Conditions:

- Breaks are recommended between games. You're only human!
- Make sure you have the necessary props on hand.
- Don't tell your partner which games you chose. The surprise helps to build the anticipation.

Variations:

- Choose more than three games each. However, be sure to allow for recovery time between each game.
- Select numbers randomly by rolling dice and adding or multiplying the numbers.

Game #33 – Sensual Sentences

Length of Play: 20 minutes

Props: none

Instructions:

1. Partners take turns completing the following sentences. Each one should complete their sentence without interruption. If clarification is needed, the other partner may ask questions.
 - The first thing that I noticed about you sexually was...
 - My favorite sexual experience with you was when we...
 - My favorite time of day to have sex is...
 - A sexual activity we've never done but I'd like to try is...
 - I wish we did more _____ during sex.
 - I wish we did less _____ during sex.
 - One thing I would like to know about you and sex is...

Conditions:

- Honesty, love, and trust are absolutely essential to this exercise.
- A partner may pass if the question makes them uncomfortable.

Variations:

- Write a letter answering these questions for your partner.
- Take turns trying first to guess what your partner will say to some of the questions. Write your answer down before they answer.